



Product Data Sheet

March 2016

Organic, Garbanzo Beans (Chickpeas) in Water

READY TO EAT

Just pour out and use in salads, soups etc.



Nutrition Facts	
Serving Size 100 g	
Servings Per Container 18	
Amount Per Serving	
Calories 90	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 4g	17%
Sugars 2g	
Protein 5g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

(Only B/W labels with the necessary information as requested by the customer will be used)

Package: BPA Free Pouches, 8" X 15", 4 lb

Ingredients: Water, Organic Garbanzo Beans.



Gluten-free

Item Number: 96408	Pack Size: 4 lb	Case: 18" X 14" X 6"
Net Case Wt: 25 lb	Packs per case: 6	Case Cube: 0.55
Pallet Size: 40" X 48" X 6"	Pallet Tare Wt: 50 lb	Full Pallet Height: 72 "
Pallet Count: 66 cases	Pallet TiHi: 6 X 11	Total Wt: 1700 lb
Country of Origin: USA	Storage Condition: Ambient	Shelf Life: 18 months



Cooked and Packed in the USA.

